

UNIVERSITY GENERAL HOSPITAL is a hospital like no other. Founded by a group of forward-thinking physician owners as an upscale alternative to the traditional hospital setting, University General Hospital surrounds you with highly advanced technology, an incredible nursing and support staff, and state-of-the-art operating rooms that are the finest in the country. Because our doctors are in a leadership position in the management of the hospital, our operations are efficient, with a commitment and level of integrity that is unsurpassed.

Our accomplished and experienced staff is dedicated to your safety, comfort and well-being. If there is anything we can do to make your hospital experience more comfortable, or if we can answer any questions you may have, please do not hesitate to call us at (713) 375-7000.

Patient's Name: _____

Your surgery is scheduled for: _____

Date: _____

Time: _____

Time you should arrive: _____

Special Instructions: _____

Complimentary Valet Parking



UNIVERSITY GENERAL HOSPITAL

7501 FANNIN, HOUSTON, TEXAS 77054
713.375.7000
WWW.UNIVERSITYGENERALHOSPITAL.COM



We are located near the intersection of Fannin and Old Spanish Trail.

From South Loop 610: Exit Fannin Street. Travel north on Fannin Street past Reliant Stadium. At the Greenbriar/Fannin split, veer right and stay on Fannin. We are located on the right at 7501 Fannin Street. The valet parking entrance is on the north side of the building in the circle drive.

From the Texas Medical Center: Travel south on Fannin Street past Old Spanish Trail. Veer right and stay on Fannin at the light at the Knight Road/Fannin split. U-turn past the hospital. The valet parking entrance is on the north side of the building in the circle drive.

From Hwy 288: Connect to South Loop 610 west bound. Exit Fannin Street. Travel north on Fannin past Reliant Stadium. At the Greenbriar/Fannin split, veer right and stay on Fannin. We are located on the right at 7501 Fannin Street. The valet parking entrance is on the north side of the building in the circle drive.



UNIVERSITY GENERAL HOSPITAL

Where Five-Star Luxury Meets Clinical ExcellenceSM



PRE-OPERATIVE INSTRUCTIONS

Welcome to University General Hospital

PREPARING FOR SURGERY

Your surgeon will review the details of your surgery and give you detailed pre-operative instructions. This should include information about what medications and/or herbal supplements should or should not be taken prior to surgery.

A nurse will contact you before your surgery to complete a pre-operative assessment. If we have not reached you by the day prior to your surgery, please call (713) 375-7230 and ask to speak to a nurse regarding your pre-operative assessment.

You will also be contacted by our registration staff to complete admitting and insurance information. An estimate of your financial obligation will be made at that time. Please bring your insurance or Medicare card, a copy of your Advance Health Care Directive (AHCD) and any payment required on the day of surgery. If you do not have an AHCD, the admissions team will provide you with a booklet regarding this important medical document. Our social services department is available to assist you with this process.

THE NIGHT BEFORE SURGERY

Do not eat any solid food or drink any liquids after midnight. This includes water, gum and mints. You may rinse your mouth without swallowing any liquid when you brush your teeth.

If you are taking blood pressure medication, please take your usual dose as prescribed on the day of surgery with a small sip of water. If you are taking medications for diabetes, nervous disorders, seizures, or blood thinners such as aspirin or coumadin, please tell your surgeon and the pre-op nurse. They will give you additional instructions for these medications.

Please do not drink alcoholic beverages 24 hours prior to your surgery. You should also refrain from smoking the day before and the morning of your surgery.

THE MORNING OF SURGERY

Please take a shower or bathe prior to your arrival at the hospital.

Wear loose, comfortable clothing to the hospital. For surgery involving the face, chest, or abdominal area, a zippered or button-down garment is recommended. You will find this especially helpful when returning home, as you will want to avoid any unnecessary pressure on sensitive surgery sites. Please wear socks for warmth. Do not bring any jewelry or valuables to the hospital.

FOR PATIENTS STAYING OVERNIGHT

Bring any prescription medication or herbal supplements you are currently taking on a regular basis to the hospital in their original containers, or bring a complete list of medication names and doses. Ask your physician if you should take your medications on the day of your surgery.

Please leave all jewelry and other valuables at home. If you wear contact lenses, please wear your glasses instead, or bring your contact lens case with you. If you use a hearing aid, please bring it with you.

You may have one guest over the age of 18 stay overnight with you in your suite. A hide-a-bed couch is provided in every patient room.

Every patient suite is equipped with a flat-panel screen TV with 40 cable television stations. The building is also equipped with wireless Internet for your convenience. Valet parking is available free of charge to patients, and for a nominal fee for visitors. Concierge services are also available for your convenience.



UNIVERSITY GENERAL HOSPITAL

WHEN YOU ARRIVE

Go to the valet attendant at the main entrance of the hospital and your car will be parked free of charge.

Please check in at the admitting desk 1½ hours prior to your scheduled surgery time. The admissions office will review your admission packet with you and your nurse will prepare you for surgery. In addition, you will meet with your anesthesiologist and surgeon.

On occasion, surgery times may change. Please make sure we have the correct phone numbers to contact you the day of surgery, as we may need you to arrive at a different time.

SPECIAL PRECAUTIONS

Contact your surgeon or the hospital immediately if you experience any change in your health. Even a minor elevation in your temperature, a cold, or cough should be reported.

If you are a woman of childbearing age and suspect you may be pregnant, please notify your surgeon, as anesthesia and medications may be harmful to your developing fetus.

If you normally take medications during the fasting period, check with your surgeon to see if you should take them the night before or morning of your surgery.

You must have a family member or friend drive you home after surgery.

For children having surgery, a parent or guardian must remain in the facility at all times.

GENERAL INFORMATION

University General Hospital, L.P. is a physician-owned limited partnership. Your physician may be a partner and have an ownership interest in this entity.